

## THE DISCIPLINES OF GODLINESS

“...Train yourself to be godly. For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come.” 1 Tim 4:7-8

### I. Introduction

The purpose of discipline \_\_\_\_\_

Rom 8:29

Eph 4:13

1 Tim 4:7-8 -- the theme of the weekend

The only road to Godliness is \_\_\_\_\_

Prov 23:12

### II. Disciplines of the Word and Prayer

A. Jesus said that man \_\_\_\_\_

Mt 4:4

B. Moses

Dt 32:46-47

### III. God wants to meet with His children

A. We are His children.

1 Jn 3:1

B. We can come into His presence.

Jn 4:19-24

### IV. Have a plan for time with God

A. Set aside \_\_\_\_\_

Ps 90:12

1. Defend and protect the time.

Picture of protecting that which is important: 2 Sam 23:11-12

2. Consider the morning.
  - a. An indication of priority.
  - b. The mind may be more alert and receptive.  
Col 3:2
  - c. Able to commit the day to the Lord.  
Ps 37:5
  - d. First things first

B. Go to \_\_\_\_\_  
Mk 1:35

1. Have **your own** place  
Mt of Olives  
Lk 22:39-40\*

e.g. [Susanna Wesley](#)

2. Wait upon the Lord.  
Ps 46:10

C. Take \_\_\_\_\_

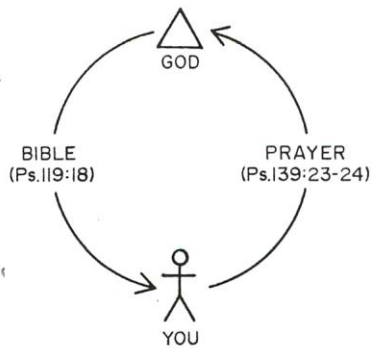
1. Read God's Word
2. Meditate with a view to application.  
"Lord, as I look at this passage this morning..."
  - S** Is there a sin to confess?
  - P** Is there a promise to keep?
  - E** Is there an example to follow?
  - C** Is there a command to obey?
  - K** Is there knowledge of God, the Lord Jesus, or the Holy Spirit?

Ask questions as you read

- What persons and places have I read about?
- What is the central point of the passage?
- What verse or verses are most meaningful to me?
- Are there warnings for me to heed?
- Is there a prayer for me to echo?
- What guidance did I receive for my path today?

D. Have \_\_\_\_\_

E. Pray



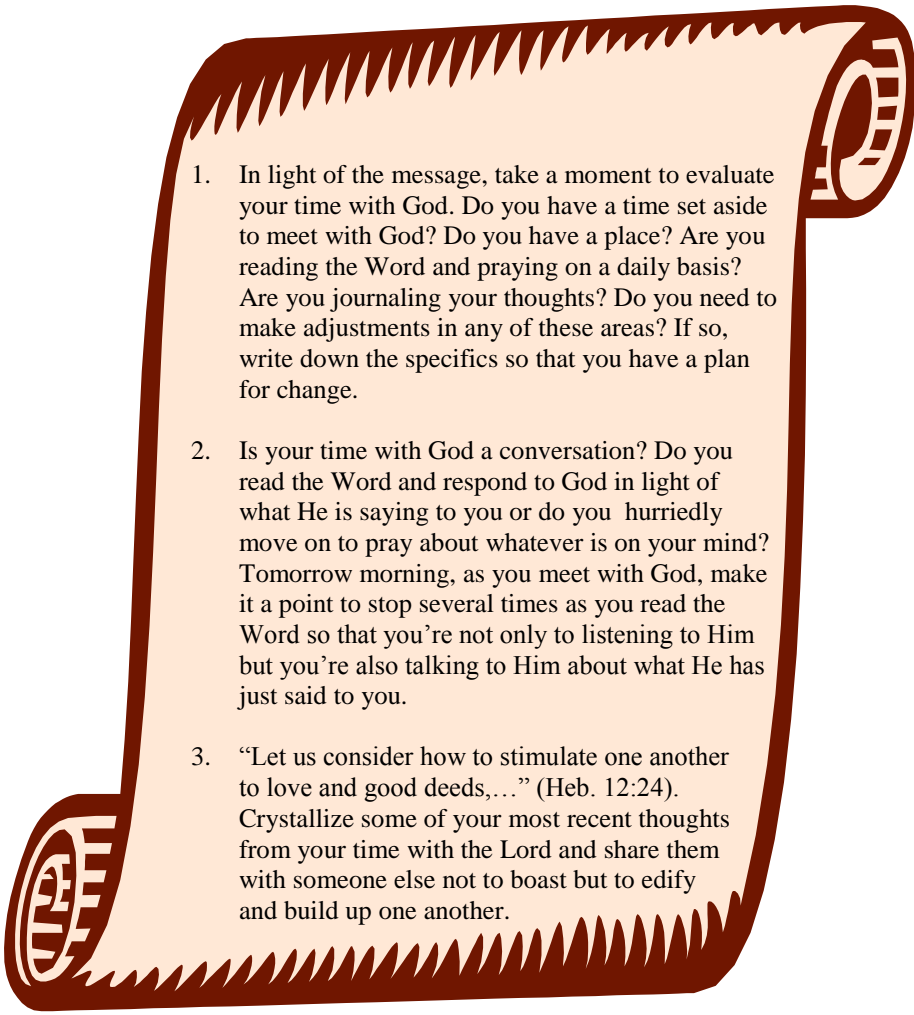
1. Ps 5:3

- In the morning
- Use your voice
- Order your prayers
- Eagerly watch

2. ACTS

- **Adoration** is the first priority.
- I don't see how we can ever come before God without **Confession**.
- Always with **Thankfulness** acknowledge His mercies.
- Afterwards, ask through **petition and supplication**.
- **Intercession** can follow.

F. Share

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1. In light of the message, take a moment to evaluate your time with God. Do you have a time set aside to meet with God? Do you have a place? Are you reading the Word and praying on a daily basis? Are you journaling your thoughts? Do you need to make adjustments in any of these areas? If so, write down the specifics so that you have a plan for change.
  2. Is your time with God a conversation? Do you read the Word and respond to God in light of what He is saying to you or do you hurriedly move on to pray about whatever is on your mind? Tomorrow morning, as you meet with God, make it a point to stop several times as you read the Word so that you're not only listening to Him but you're also talking to Him about what He has just said to you.
  3. "Let us consider how to stimulate one another to love and good deeds,..." (Heb. 12:24). Crystallize some of your most recent thoughts from your time with the Lord and share them with someone else not to boast but to edify and build up one another.